

# PLANT FOR POLLINATORS

## A GUIDE FOR THE MID-ATLANTIC REGION



**B**EES AND OTHER BENEFICIAL POLLINATORS are disappearing at alarming rates. While we may not know the exact cause of the disappearance, we do know that some pesticides are contributing to their decline. But we also know there are simple things we can each do to help combat pollinator loss. By making simple choices such as choosing to plant pollinator-friendly plants to provide bees forage, we can all help address this crisis.

### BEE Protective

\*Planting seasons are listed based on approximate times of bloom; some flowers may have times of bloom beyond these seasons.

SPRING AND EARLY SUMMER	MID-SUMMER	LATE SUMMER AND FALL
Appalachian Beard Tongue	Basswood*	Black-eyed Susan
Blue Vervain	Bee Balm	Bottle Gentian
Boneset	Blazing Star	Field Thistle
Cockspur Hawthorn*	Butterflyweed	Great Blue Lobelia
Eastern Redbud*	Cardinal Flower	Heart-leaved Aster
Foxglove Beardtongue	Eastern Rosemallow	Heath Aster
Great Blue Lobelia	Fall Phlox	Hoary Mountain Mint
Lance-leaved Coreopsis	Joe-Pye Weed	Roundhead Lespedeza
Monkey Flower	Mistflower	Seaside Goldenrod
Purple Coneflower	Narrow-leaved Mountain Mint	Showy Goldenrod
Pussy Willow*	New England Aster	Smooth Blue Aster
Red Columbine	New Jersey Tea*	Sneezeweed
Swamp Milkweed	Nodding Bur Marigold	Ten-petaled Sunflower
Wild Bergamot	Ox Eye Sunflower	Wrinkleleaf Goldenrod
Wild Blue Indigo	Partridge Pea	
Wild Blue Lupine	Rough Goldenrod	
	Showy Tick Trefoil	
	Spotted Joe-Pye Weed	
	Tickseed	
	Virginia Mountain Mint	
	White Turtlehead	
	Wigstem	

\* Tree/Shrub

For more information visit  
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